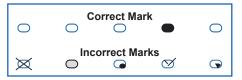
## **Idaho Healthy Youth Survey**

- \*\* Thank you for agreeing to participate in this survey. The purpose of this survey is to learn about Idaho students' thoughts, feelings, and actions in relation to substance use, mental health issues, and other health behaviors.
- \*\* The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- \*\* This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- \*\* All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- \*\* Your answers will be read by a computer. Please follow these instructions carefully.
  - · Use a #2 pencil only.

Other

- · Make heavy marks inside the circles.
- · Completely erase any answer you want to change.
- Make no other markings or comments on the answer pages.



Please fill in the following information with the help of your teacher/survey assistant									
School Number:	0 1 2 3 4 5 6 7 8 9	(5) (6) (7)	0123456789	5 6 7	District Number:	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	

1. How old are you?  12 years old or younger 13 years old 14 years old 15 years old 15 years old 2. What is your gender?	5. Where do you currently live?  At home with my family With foster parent(s) In a group home/residential facility In a shelter I live alone I have no regular home
<ul><li> Male</li><li> Female</li><li> Other</li></ul> 3. What grade are you in?	<ul><li>Some other place</li><li>6. Have one or more of your parents/caregivers ever served time in jail or prison?</li></ul>
6th grade 11th grade 11th grade 11th grade 11th grade 12th grade 12th grade 19th grade 11th grade 12th grade 11th grade 1	<ul><li>Yes</li><li>No</li><li>Don't Know</li></ul>
4. Which one of these groups best describes you? (Select all that apply.)  American Indian or Alaska Native  Asian  Black or African American  Hispanic or Latino  Native Hawaiian or Other Pacific Islander  White	<ul> <li>7. Have one or more of your parents/caregivers ever served time in the military?</li> <li>Yes</li> <li>No</li> <li>Don't Know</li> </ul>

			I and the second se	
	participate in supervised at school or away from s	s, on how many days do you l after-school activities either chool? Include activities such nce, drama, or community o activities.	under one name or sym engage in criminal activity	uals that identify themselves bol, and whose members . Gangs typically intimidate lar areas by using violence.
=		2 days 3 or more days	16. Do you personally know  ○ Yes ○ No ○ Not sure	anyone that is in a gang?
=	9. During the past 12 mon your grades in school?  Mostly A's Mostly B's Mostly C's	ths, how would you describe  Mostly D's Mostly F's None of these grades	17. Do gangs cause trouble O Yes No Not sure	·
		on how many days did you sence from school (skipped or  4-5 days 6-10 days 11 or more days	18. Have you ever belonged  No, and I don't want to  No, but I would like to  Yes, in the past  Yes, I belong now  Yes, but I would like to	
	11. How important is it for y	you to finish high school?		ask about mental health uicide.
=	<ul><li>Very important</li><li>Important</li></ul>	<ul><li>Not very important</li><li>Not at all important</li></ul>	19. <u>During the past 12 mon</u> considered attempting	ths, have you seriously
=	service, community col	onal training program, military lege, or 4-year college?	○ Yes ○ No	oulous.
=	O Very likely Likely  13. I feel I belong at this scl Always Most of the time Not often	Not very likely Not at all likely  hool. Never Not sure	20. <u>During the past 12 mon</u> about how you would a Yes No	<u>ths,</u> have you made a plan ttempt suicide?
=	rumors about, hit, shove, and over again. It is not b about the same strengt	nts tease, threaten, spread or hurt another student over bullying when two students of h or power argue or fight or er in a friendly way.	21. During the past 12 mon suicide? Yes No	ths, have you attempted
Ξ	14. During the past 12 mon  Yes No	ths, have you been bullied?	22. During the past 30 days feel nervous?  All the time  Most of the time  Some of the time	A little of the time  None of the time
_	other adult at the school  I have not been bullied being bullied in the p	you report it to a teacher or ol? I or witnessed someone else past 12 months.	23. <u>During the past 30 days</u> feel hopeless? All the time	○ A little of the time
	<ul><li>All the time</li><li>Most of the time</li><li>Some of the time</li></ul>	<ul><li>A little of the time</li><li>None of the time</li></ul>	<ul><li>Most of the time</li><li>Some of the time</li></ul>	○ None of the time

24. During the past 30 days, about how often did you feel restless or fidgety?  All the time Most of the time Some of the time Some of the time	<ul> <li>33. In the past 6 months, have you and either of your parents/caregivers discussed family rules or expectations about using drugs?</li> <li>Yes</li> <li>No</li> </ul>	=
25. During the past 30 days, about how often did you feel so depressed that nothing could cheer you up?  All the time  Most of the time  Some of the time	34. In the past 6 months, have you and either of your parents/caregivers discussed drug use in movies, music, and on TV?  ○ Yes ○ No	=
26. During the past 30 days, about how often did you feel that everything was an effort?  All the time Most of the time Some of the time  To During the past 30 days, about how often did you	The following questions ask about prescription drugs.  Prescription drug misuse is taking a prescription medication such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, Xanax or other opioids, stimulants, or depressants, in a manner or dose other than prescribed, taking someone else's prescription, or taking a medication to get high.	=
feel worthless?  All the time  Most of the time  Some of the time  None of the time	35. How wrong do your parents/caregivers feel it would be for you to misuse prescription drugs?	
28. I know how to say "no" when someone wants me to do things I know are wrong or dangerous.  Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree	<ul> <li>Very wrong</li> <li>Wrong</li> <li>A little bit wrong</li> <li>Not at all wrong</li> </ul> 36. How wrong do your friends feel it would be for you to misuse prescription drugs? <ul> <li>Very wrong</li> <li>Wrong</li> <li>Not at all wrong</li> </ul>	
The following questions ask about communication with your parents/caregivers.	37. How wrong do you feel it would be for someone your age to misuse prescription drugs?  O Very wrong O Wrong Not at all wrong	_
29. When you are away from home, how often do your parents/caregivers know where you are?  Never Rarely Sometimes	38. How much do you think people risk harming themselves physically or in other ways when they misuse prescription drugs?  O No risk O Slight risk O Great risk	=
30. When you are away from home, how often do your parents/caregivers know who you are with?  O Never O Rarely O Always O Sometimes	39. If you wanted to get some prescription drugs to misuse, how easy would it be for you to get some?  O Don't know O Fairly difficult O Fairly easy O Very difficult O Very easy	=
<ul> <li>31. During the past 12 months, have you talked with at least one of your parents/caregivers about the dangers of tobacco, alcohol, or drug use?  Yes No</li> <li>32. In the past 6 months, have you and either of your parents/caregivers discussed specific things you could do to stay away from drugs?  Yes No</li> </ul>	<ul><li>I did not misuse prescription drugs in the past year.</li><li>I bought it from a dealer or stranger</li></ul>	=

SFRIAL

No risk

Slight risk

Moderate risk

Great risk

Not at all wrong

57.	. If you wanted to get some a be for you to get some?  Don't know	alcohol, how easy would it  Fairly difficult	6	64. <u>During the past 30 days</u> , what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?		
	Can't get	Fairly easy		I did not drink alcohol during the past 30 days.	1	
	<ul> <li>Very difficult</li> </ul>	O Very easy		1 or 2 drinks 3 drinks		
				4 drinks	ì	
				5 drinks		
58.	. During the past 30 days, ho	ow did you get the alcohol		6 or 7 drinks     8 or 9 drinks		
	you drank?			10 or more drinks	ì	
	(Select all that apply.)					
	<ul><li>I did not drink alcohol duri</li><li>I bought it in a store such</li></ul>	ng the past 30 days. as a liquor store.			i	
	convenience store, sup-	ermarket, discount store, or	6	65. Have your parents/caregivers ever hosted parties		
	gas station  I bought it at a restaurant,	har or club	ľ	with alcohol for you and your friends?		
	I bought it at a restaurant,	nt such as a concert or	○ Yes ○ No			
	sporting event					
	I gave someone I knew mo	oney to buy it for me now money to buy it for me			i	
	A friend gave it to me for f	ree				
	A family member gave it to	o me for free	6	66. Have your parents/caregivers ever allowed you to	1	
	I took it from a store or fan	nily member		have parties with alcohol when they are away?	i	
	= . got it come cano. may			○ Yes		
				○ No		
50	. How many of your closest	friands drink alcohol?				
39.						
	O None A few	○ Most ○ All	6	67. Have you ever drunk alcohol with your parent's	i	
		_ /		knowledge?		
				○ Yes ○ No		
60	During the poet 20 days or	a have many days did you		O NO		
60.	<ul> <li>During the past 30 days, or have at least one drink of a</li> </ul>	licohol?				
	○ 0 days	○ 6 to 9 days			ı	
	O 1 day	10 to 19 days	6	68. During the past 30 days, how many times did you RIDE in a car or other vehicle driven by someone		
	2 days	20 or more days		who had been drinking alcohol?		
	○ 3 to 5 days			○ 0 times ○ 4 or 5 times	ì	
				1 time 6 or more times		
	<b>5</b>			O 2 or 3 times	•	
61.	<ul> <li>During the past 30 days, or have 5 or more drinks of al</li> </ul>	n how many days did you cohol in a row, that is				
	within a couple of hours?	conorm a row, mac is,				
	O days	○ 6 to 9 days	6	69. During the past 30 days, how many times did you	r	
	O 1 day	☐ 10 to 19 days		DRIVE a car or other vehicle when you had been drinking alcohol?	•	
	2 days 3 to 5 days	20 or more days		☐ I did not drive a car or other vehicle during the past 30	i	
	O to o days			days.		
				0 times 1 time		
~~	Davidson and life the construction	. 4: h h d - d		2 or 3 times	i	
62.	. <u>During your life</u> , how many least one drink of alcohol?	times have you had at		4 or 5 times		
	O times	○ 20 to 39 times		○ 6 or more times		
	1 or 2 times	○ 40 to 99 times			i	
	3 to 9 times	100 or more times			1	
	○ 10 to 19 times		I _	IO D. Joseph and O. and the Change of the Control o	•	
			7	70. <u>During the past 6 months</u> , where did you drink alcohol? (Select all that apply.)		
				☐ I did not drink alcohol during the past 6 months.		
63.	<ul> <li>How old were you when yo alcohol, other than a few si</li> </ul>	u had your first drink of		○ At my home	i	
	•	•		At another person's home	1	
	I have never had a drink o few sips.	n alconol, other than a		<ul> <li>When riding in or driving a car or other vehicle</li> <li>At a restaurant, bar, or club</li> </ul>		
	8 years old or younger			At an open area such as a park, campground, field, or	•	
	9 or 10 years old 11 or 12 years old			parking lot  At a public event such as a concert or sporting event		
	13 or 14 years old			On school property	i	
	15 or 16 years old			<ul> <li>Some other place</li> </ul>	•	
	○ 17 years old or older					
			5	SFRIAI		

SERIAL

79. How much do you think people risk harming themselves physically or in other ways when they smoke one or more packs of cigarettes per day?

Tobacco includes all nicotine products cigarettes, chewing tobacco, e-liquid and e-juice, cigars, cigarillos, snus, whole leaf tobacco, and hookah.

		○ No risk ○ Slight risk	<ul><li>Moderate risk</li><li>Great risk</li></ul>		
71. How wrong do your pa	arents/caregivers feel it would cco?				
<ul><li>Very wrong</li><li>Wrong</li></ul>	<ul><li>A little bit wrong</li><li>Not at all wrong</li></ul>	80. <u>During the past 30 days</u> , on how many days did you smoke part or all of a cigarette?			
·	Ç	◯ 0 days ◯ 1 day ◯ 2 days	<ul><li>6 to 9 days</li><li>10 to 19 days</li><li>20 or more days</li></ul>		
72. How wrong do your fr to use tobacco?	iends feel it would be for you	○ 3 to 5 days	20 of more days		
<ul><li>Very wrong</li><li>Wrong</li></ul>	<ul><li>A little bit wrong</li><li>Not at all wrong</li></ul>	81. How much do you themselves physica	nink people risk harming lly or in other ways when they use		
73. How wrong do you fee your age to use tobac	el it would be for someone	chewing tobacco, sr Garrett, Beechnut, S	nuff, or dip such as Redman, Levi koal, Bandits, or Copenhagen?		
<ul><li>Very wrong</li><li>Wrong</li></ul>	A little bit wrong  Not at all wrong	◯ No risk ◯ Slight risk	<ul><li>Moderate risk</li><li>Great risk</li></ul>		
it be for you to get so		82. <u>During the past 30 days</u> , on how many days did you use chewing tobacco, snuff, or dip such as Redman, Levi Garrett, Beechnut, Skoal, Bandits, or Copenhagen?			
<ul><li>○ Don't know</li><li>○ Can't get</li><li>○ Very difficult</li></ul>	<ul><li>Fairly difficult</li><li>Fairly easy</li><li>Very easy</li></ul>	0 days 1 or 2 days 3 to 5 days 6 to 9 days	<ul><li>10 to 19 days</li><li>20 to 29 days</li><li>All 30 days</li></ul>		
products you used? (Select all that apply)  I did not use tobacco I bought them in a st	during the past 30 days. ore such as a convenience store,	83. How much do you th themselves physica a vape pen or e-ciga			
<ul><li>☐ I bought them on the</li><li>☐ I gave someone I kno</li><li>☐ I gave someone I did</li></ul>	ount store or gas station internet ew money to buy them for me n't know money to buy them for	O No risk Slight risk	<ul><li>Moderate risk</li><li>Great risk</li></ul>		
me  A friend gave them to  A family member gave		84. <u>During the past 30 d</u> use a vape pen or e-	ays, on how many days did you cigarette?		
I took them from a st	ore or family member	<ul><li>0 days</li><li>1 or 2 days</li><li>3 to 5 days</li><li>6 to 9 days</li></ul>	<ul><li>10 to 19 days</li><li>20 to 29 days</li><li>All 30 days</li></ul>		
	sest friends use tobacco?				
<ul><li>○ None</li><li>○ A few</li></ul>	<ul><li>○ Most</li><li>○ All</li></ul>	85. <u>During your life,</u> how vape pen or e-cigare	v many times have you used a tte?		
77. <u>During your life,</u> how tobacco?	many times have you used	O times  1 or 2 times  3 to 9 times  10 to 19 times	<ul><li>20 to 39 times</li><li>40 to 99 times</li><li>100 or more times</li></ul>		
<ul><li>0 times</li><li>1 or 2 times</li><li>3 to 9 times</li></ul>	<ul><li>10 to 19 times</li><li>20 to 39 times</li><li>40 or more times</li></ul>				
78. How old were you who time?	en you used tobacco for the first		ask about marijuana, also called ed, cannabis, or ganja.		
<ul><li>I have never used to</li><li>8 years old or young</li><li>9 or 10 years old</li><li>11 or 12 years old</li></ul>		86. How wrong do your be for you to use ma	parents/caregivers feel it would rijuana?		
13 or 14 years old 15 or 16 years old 17 years old or olde	r	<ul><li>Very wrong</li><li>Wrong</li></ul>	<ul><li>A little bit wrong</li><li>Not at all wrong</li></ul>		

87	How wrong do your friend	s feel it would be for you to	96. On the days that you use marijuana, how many		
01	87. How wrong do your friends feel it would be for you to use marijuana?		times do you typically use it in one day?		
	Very wrong Wrong	<ul><li>○ A little bit wrong</li><li>○ Not at all wrong</li></ul>	<ul><li>☐ I have never used marijuana.</li><li>☐ 1 time</li><li>☐ 2 times</li><li>☐ 3 times</li></ul>		
88	. How wrong do you feel it v age to use marijuana?	vould be for someone your	<ul><li>4 times</li><li>5 times</li><li>6 or more times</li></ul>		
	<ul><li>Very wrong</li><li>Wrong</li></ul>	<ul><li>○ A little bit wrong</li><li>○ Not at all wrong</li></ul>	97. Have you ever used marijuana with your parent's		
00	Harris and the second definition of	anda sialah assasina	knowledge?		
89	. How much do you think pe themselves physically or i marijuana once or twice a	n other ways when they use	○ Yes ○ No		
	<ul><li>○ No risk</li><li>○ Slight risk</li></ul>	<ul><li>Moderate risk</li><li>Great risk</li></ul>			
	· ·		98. During the past 30 days, how many times did you RIDE in a car or other vehicle driven by someone who had been using marijuana?		
90	<ul> <li>If you wanted to get some would it be for you to get s</li> </ul>	marijuana, how easy some?	○ 0 times		
	<ul><li>Don't know</li><li>Can't get</li><li>Very difficult</li></ul>	Fairly difficult Fairly easy Very easy	2 or 3 times		
91	. During the past 30 days, h	ow did you get the	99. During the past 30 days, how many times did you <u>DRIVE</u> a car or other vehicle when you had been using any marijuana?		
	marijuana that you used? (Select all that apply)		<ul> <li>I did not drive a car or other vehicle during the past 30 days.</li> </ul>		
	<ul><li>I did not use marijuana du</li><li>I bought it from a dealer of</li></ul>	uring the past 30 days.	uays. ○ 0 times ○ 1 time		
	<ul> <li>I bought it from a friend or</li> </ul>	family member	○ 2 or 3 times		
	<ul><li>I bought it on the internet</li><li>A friend or family member</li></ul>	gave it to me for free	<ul><li>4 or 5 times</li><li>6 or more times</li></ul>		
	<ul><li>I took it from a friend or fa</li><li>I bought it from a marijuar</li></ul>				
	I grew it myself     I got it some other way		100. <u>During the past 30 days,</u> how did you use marijuana? (Select all that apply)		
92	. How many of your closest	friends use marijuana?	<ul><li>☐ I did not use marijuana during the past 30 days.</li><li>☐ I smoked it</li></ul>		
	○ None ○ A few	○ Most ○ All	<ul> <li>I ate it (in an edible, candy, tincture, or other food)</li> <li>I used a vaporizer</li> <li>I dabbed it</li> <li>I used it in some other way</li> </ul>		
93	. <u>During the past 30 days,</u> o use marijuana?	n how many days did you			
	0 days 1 or 2 days	<ul><li>10 to 19 days</li><li>20 to 29 days</li></ul>	The fall and a second about about a share and a second about a second about a second		
	3 to 5 days 6 to 9 days	○ All 30 days	The following questions ask about other substances.		
94	. <u>During your life,</u> how many	v times have you used	101. How much do you think people risk harming		
	marijuana?	·	themselves physically or in other ways when they use other drugs such as heroin, cocaine, LSD, or		
	0 times 1 or 2 times	<ul><li>20 to 39 times</li><li>40 to 99 times</li></ul>	methamphetamines?		
	3 to 9 times 10 to 19 times	○ 100 or more times	<ul><li>○ No risk</li><li>○ Slight risk</li><li>○ Great risk</li></ul>		
95. How old were you when you used marijuana for the first time?			102. If you wanted to get other drugs such as heroin, cocaine, LSD, or methamphetamines, how easy would it be for you to get some?		
	I have never used marijua  8 years old or younger	ина	○ Don't know ○ Fairly difficult		
	9 or 10 years old 11 or 12 years old		<ul><li>○ Can't get</li><li>○ Fairly easy</li><li>○ Very difficult</li><li>○ Very easy</li></ul>		
<ul><li>☐ 13 or 14 years old</li><li>☐ 15 or 16 years old</li></ul>					
	17 years old or older		I and the second		
			7		

Ī	103. During the past 30 duse other drugs sudmethamphetamines  0 days 1 day 2 days 3 to 5 days	lays, on how many days did you ch as heroin, cocaine, LSD, or?  6 to 9 days 10 to 19 days 20 or more days	<ul><li>I was very hone</li></ul>	etty much all the time ome of the time oce in a while
	glue, breathed the c	w many times have you sniffed ontents of aerosol spray cans, or or sprays to get high?	any questions or c	eting the survey. If you should have oncerns after taking this survey, school counselor or a trusted adult.
Ξ	0 times 1 or 2 times 3 to 9 times	10 to 19 times 20 to 39 times 40 or more times	ask Instructions w	ins extra questions you might be ked to complete. vill be given to you by your r survey administrator.
Ξ	synthetic drugs (als Spice, fake weed, Ki Moon Rocks)? 0 times 1 or 2 times 3 to 9 times	o called K2, Pink, Bath Salts, ing Kong, Yucatan Fire, Skunk, or  10 to 19 times 20 to 39 times 40 or more times		•
	106. <u>During your life</u> , how lorezerb?	w many times have you used		Responses
	1 or 2 times 3 to 9 times  107. During your life, how	20 to 39 times 40 or more times w many times have you used	Extra Questions	a b c d e f g h i  201. 00000000000000000000000000000000000
	ecstasy (also called 0 times 1 or 2 times 3 to 9 times	MDMÅ)?  10 to 19 times 20 to 39 times 40 or more times	Start with 201	203.       0
Ī	108. During your life, how cocaine, including p  0 times 1 or 2 times 3 to 9 times	w many times have you used bowder, crack, or freebase?  10 to 19 times 20 to 39 times 40 or more times		206.       0

210. 211. 212. 213. 214. 215. 216. 217.

Bach Harrison, L.L.C. Phone: 801-359-2064

116 South 500 East Salt Lake City, Utah 84102

0 times

1 or 2 times O 3 to 9 times

or ice)? O times

0 times

1 or 2 times
 3 to 9 times

1 or 2 times

O 3 to 9 times

109. During your life, how many times have you used

methamphetamine (also called speed, crystal, crank,

110. <u>During your life</u>, how many times have you used heroin (also known as smack, junk, or China White)?

111. During your life, how many times have you used

over-the-counter drugs to get high?

10 to 19 times

20 to 39 times

10 to 19 times

20 to 39 times ○ 40 or more times

10 to 19 times20 to 39 times

40 or more times

40 or more times

8

218.

219.

220.